

11<sup>th</sup> January 2016

## Pre-School and Reception Class Active Dudley Workshops

"Let's make physical activity fun" is the slogan of the physical activity initiative for Foundation Stage children in Dudley.

We would like to invite you and your child to an Active Dudley Workshop on:

**Tuesday 26<sup>th</sup> January at 1.30pm or  
Friday 29<sup>th</sup> January at 9.00am or 10.40am**

This fun and enjoyable workshop will last for approximately 45 minutes in the school hall. Foundation Stage staff who are trained in Active Dudley will lead this informal session. Parents and children will need to wear clothing that they can get active in and wear suitable footwear.

The aim of the programme is to increase the activity levels of 4 and 5 year olds and their families. A **fantastic bag** with music and exercise equipment will be loaned to parents following the training session, which will give parents ideas of how to get their child more active. Please indicate on the slip below which session you would like to attend.

Thank you for your continued support,

The Reception Class and Pre-School Teams.



Name of child \_\_\_\_\_

I would like to attend the Active Dudley Workshop on:

(Please tick one box)

**Tuesday 26<sup>th</sup> January at 1.30pm**

☐

**Friday 29<sup>th</sup> January at 9.00am**

☐

**Friday 29<sup>th</sup> January at 10.40am**

☐

Signed \_\_\_\_\_